

Wendy Wollner



Expertise

Communication, Leadership, Work/life Balance

Industry Experience

Communications, Government, Insurance, Manufacturing, Healthcare, Retail, Banking, Non-Profit

Recent Clients

IBM, Citigroup, Morgan Stanley, JP Morgan Chase, Bank of America, Donna Karan International, Harris, Rothenberg International, Ceridian, LifeCare, American Heart Association, Key Bank, WellPoint, Optum

Education / Certifications

University of Pennsylvania
MS, Psychological Services
Syracuse University
BS, History Education

Home Base

New York,
United States

Wendy Wollner is the CEO of Balancing Life's Issues with a network of over 1500 trainers that brings work/life balance programs to corporations, not-for-profit organizations, employee assistance programs, and educational institutions.

Wendy has over 25 years' experience coaching managers and staff in dealing with transitions during difficult times. BLI focuses on such topics as: Emotional Intelligence; Managing Stress with Humor and Health and Wellness.

Wendy's honest and straight forward approach combined with her high energy and sense of humor, encourage participants to think differently in order to cope with the stresses of today and boldly face the challenges of tomorrow. She has delivered her message to many different industries including biotech, major manufacturing companies, service and professional clients from the shop floor and administrative personnel up to executives and directors across the United States and Canada.

In 2016 Ms. Wollner won The Business Council of Westchester's Business Hall of Fame Award in the category of Women Business in Success. In 2015 Wendy was recognized as Smart CEO in NY and was honored as one of the fastest growing companies. In 2012, Ms. Wollner was selected as the Enterprising Women of the Year Award. She has been featured in *Entrepreneur's Start-Up*, *HR Magazine*, *The New York Post*, *The Journal News*, CBS News Radio 880 with Joe Connelly, *Westchester Parent*, *the Chicago Tribune*, *Westchester County Times*, *ExecuNet's Career Smart Advisor*, *More* magazine, and *SHRM Magazine*. Her columns have appeared on the World Wit Website and she was a contributing writer for *Conversations on Health & Wellness* with John Gray, and Dr. Earl Mindell (*Insight 2004*).

Ms. Wollner received a master's degree in industrial psychology from the University of Pennsylvania. In 2014 Wendy completed an Executive MBA program through WBENC and Tuck Business School. In 2012 she graduated from Goldman Sach's 10,000 Small Business Program.